

Los Sentimientos

Feelings • lyric sheets + word cards for 4 songs

Language
Learning
with Songs

WHAT'S INSIDE

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| 1. Estoy Feliz I Am Happy | lyrics + 8 word cards |
| 2. Si Estás Contento If You're Happy | lyrics + 8 word cards |
| 3. A Veces Triste Sometimes Sad | lyrics + 8 word cards |
| 4. ¿Cómo Te Sientes? How Do You Feel? | lyrics + 8 word cards |

HOW TO USE THEM

- **Sing first, read second.**
Play the song, then follow the lyric sheet together. Point to each line as it is sung.
- **Call and response.**
One person sings a line, everyone answers. Great for circle time and car rides.
- **Word card games.**
Cut out the cards and play memory: match each word card with its English meaning card.
- **Stick it up.**
Put a lyric sheet on the fridge or classroom wall and sing it once a day for a week.

Hear every song in Spanish

Original bilingual songs for kids 2–8, with lyrics and translation on screen:

[languagewithsongs.com/learn/spanish](https://www.languagewithsongs.com/learn/spanish)

Estoy Feliz

"I Am Happy" · sing it, then read what it means

SING**WHAT IT MEANS****Estoy feliz.**

I am happy.

Feliz hoy.

Happy today.

Sonrisa.

Smile.

Sonrisa grande.

Big smile.

Reír.

Laugh.

Ja, ja, ja.

Ha, ha, ha.

Estoy contento.

I am glad.

Contento, sí.

Glad, yes.

Feliz.

Happy.

¡Feliz!

Happy!

Feliz, happy.**Sonrisa, smile.****Reír, I laugh.****Estoy contento.**

I am glad.

Feliz, feliz.

Happy, happy.

I feel so good.

Me siento muy bien.

Repeat after me.

Repite conmigo.

Feliz.

Happy.

Sonrisa.

Smile.

Reír.

Laugh.

Contento.

Glad.

Buenos días.

Good morning.

Buen día.

Good day.

Estoy feliz ahora.

I'm happy now.

Contigo.

With you.

Sonreímos.

We smile.

Reímos.

We laugh.

Estoy Feliz

SING

WHAT IT MEANS

Una canción feliz.

A happy song.

Fácil de decir.

Easy to say.

Feliz, happy.

Sonrisa, smile.

Reír, I laugh.

Estoy contento.

I am glad.

Feliz, feliz.

Happy, happy.

I feel so good.

Me siento muy bien.

Feliz.

Happy.

Sonrisa.

Smile.

Reír.

Laugh.

¡Estoy feliz!

I am happy!

KEY WORDS

Reír = To laugh

Contento, sí = Glad, yes

Feliz = Happy

Sonrisa = Smile

Estoy contento = I am glad

Buenos días = Good morning

Buen día = Good day

Sonreímos = We smile

Estoy Feliz

Cut along the dashed lines • match each word to its meaning

Language
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SPANISH

Reír

To laugh

ENGLISH

To laugh

Find the Spanish word!

SPANISH

Contento, sí

Glad, yes

ENGLISH

Glad, yes

Find the Spanish word!

SPANISH

Feliz

Happy

ENGLISH

Happy

Find the Spanish word!

SPANISH

Sonrisa

Smile

ENGLISH

Smile

Find the Spanish word!

Estoy Feliz

Cut along the dashed lines • match each word to its meaning

Language
Learning
with Songs

SPANISH

Estoy contento

I am glad

ENGLISH

I am glad

Find the Spanish word!

SPANISH

Buenos días

Good morning

ENGLISH

Good morning

Find the Spanish word!

SPANISH

Buen día

Good day

ENGLISH

Good day

Find the Spanish word!

SPANISH

Sonreímos

We smile

ENGLISH

We smile

Find the Spanish word!

Si Estás Contento

"If You're Happy" • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Si estás contento	If you're happy
Aplaudé tus manos	Clap your hands
Las manos, manos	The hands, hands
Listas para bailar	Ready to dance
Un pie arriba	One foot up
Un pie abajo	One foot down
Izquierda y derecha	Left and right
Y gira alrededor	And turn around
Si estás contento	If you're happy
Aplaudir, aplaudir	Clap, clap
Si estás contento	If you're happy
Muéstrame las manos	Show me your hands
Contento, contento	Happy, happy
Toca tu pie	Touch your foot
Pie, pie	Foot, foot
Manos en el aire	Hands in the air
Arriba, arriba	Up, up
Sonríe conmigo	Smile with me
Yo sonrío también	I smile too
Un pie arriba	One foot up
Un pie abajo	One foot down
Izquierda y derecha	Left and right
Y gira alrededor	And turn around
Si estás contento	If you're happy
Aplaudir, aplaudir	Clap, clap
Si estás contento	If you're happy
Muéstrame las manos	Show me your hands

Si Estás Contento

SING

WHAT IT MEANS

Contento, contento

Happy, happy

Contento es happy

Aplaudir es clap

Manos are hands

Pie is foot

Si estás contento

If you're happy

Aplaudir, aplaudir

Clap, clap

Si estás contento

If you're happy

Muéstrame las manos

Show me your hands

Si estás contento

If you're happy

Mueve tu pie

Move your foot

Contento, contento

Happy, happy

KEY WORDS

Si estás contento = If you're happy**Listas para bailar** = Ready to dance**Un pie abajo** = One foot down**Y gira alrededor** = And turn around**Las manos, manos** = Hands, hands**Un pie arriba** = One foot up**Izquierda y derecha** = Left and right**Muéstrame las manos** = Show me your hands

Si Estás Contento

Cut along the dashed lines • match each word to its meaning

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SPANISH

Si estás contento

If you're happy

ENGLISH

If you're happy

Find the Spanish word!

SPANISH

Las manos, manos

Hands, hands

ENGLISH

Hands, hands

Find the Spanish word!

SPANISH

Listas para bailar

Ready to dance

ENGLISH

Ready to dance

Find the Spanish word!

SPANISH

Un pie arriba

One foot up

ENGLISH

One foot up

Find the Spanish word!

Si Estás Contento

Cut along the dashed lines • match each word to its meaning

Language
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SPANISH

Un pie abajo

One foot down

ENGLISH

One foot down

Find the Spanish word!

SPANISH

Izquierda y derecha

Left and right

ENGLISH

Left and right

Find the Spanish word!

SPANISH

Y gira alrededor

And turn around

ENGLISH

And turn around

Find the Spanish word!

SPANISH

Muéstrame las manos

Show me your hands

ENGLISH

Show me your hands

Find the Spanish word!

A Veces Triste

“Sometimes Sad” • sing it, then read what it means

SING**WHAT IT MEANS****¡Hola!**

Hello!

Yo estoy triste

I am sad

A veces triste

Sometimes sad

¿Qué puedo hacer?

What can I do?

Llorar

To cry

Un poquito

A little bit

¿Qué sigue?

What's next?

¡Un abrazo!

A hug!

A veces

Sometimes

Triste

Sad

Di otra vez

Say it again

Suave y despacio

Soft and slow

A veces triste x2

Sometimes sad

Llorar un poquito

Cry a little

Dame un abrazo

Give me a hug

A veces triste x2

Sometimes sad

Y luego sonreír

And then smile

Estamos bien

We are okay

Mi muñeca está triste

My doll is sad

Mi snack se cayó

My snack fell down

¡Ay, no!

Oh, no!

Yo lloro ahora

I cry now

¿Tú lloras también?

Do you cry too?

Sí, un poquito

Yes, a little

A veces lloramos

Sometimes we cry

Luego un abrazo

Then a hug

A veces

Sometimes

A Veces Triste

SING

WHAT IT MEANS

Triste

Sad

Di otra vez

Say it again

Suave y despacio

Soft and slow

A veces triste x2

Sometimes sad

Llorar un poquito

Cry a little

Dame un abrazo

Give me a hug

A veces triste x2

Sometimes sad

Y luego sonreír

And then smile

Estamos bien

We are okay

Triste es una palabra

Sad is a word

Llorar es otra

Cry is another

Un abrazo ayuda

A hug helps

Uno, dos, tres

One, two, three

Respira hondo

Breathe in deep

Suelta el aire

Breathe out

¡Otra vez!

Again!

A veces triste x2

Sometimes sad

Llorar un poquito

Cry a little

Dame un abrazo

Give me a hug

A veces triste x2

Sometimes sad

Y luego sonreír

And then smile

Estamos bien

We are okay

A Veces Triste

KEY WORDS

Hola = Hello

Un poquito = A little

Un abrazo = A hug

Llorar un poquito = Cry a little

Qué puedo hacer = What can I do

Qué sigue = What's next

Suave y despacio = Soft and slow

Dame un abrazo = Give me a hug

A Veces Triste

Cut along the dashed lines • match each word to its meaning

Language
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SPANISH

Hola

Hello

ENGLISH

Hello

Find the Spanish word!

SPANISH

Qué puedo hacer

What can I do

ENGLISH

What can I do

Find the Spanish word!

SPANISH

Un poquito

A little

ENGLISH

A little

Find the Spanish word!

SPANISH

Qué sigue

What's next

ENGLISH

What's next

Find the Spanish word!

A Veces Triste

Cut along the dashed lines • match each word to its meaning

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SPANISH

Un abrazo

A hug

ENGLISH

A hug

Find the Spanish word!

SPANISH

Suave y despacio

Soft and slow

ENGLISH

Soft and slow

Find the Spanish word!

SPANISH

Llorar un poquito

Cry a little

ENGLISH

Cry a little

Find the Spanish word!

SPANISH

Dame un abrazo

Give me a hug

ENGLISH

Give me a hug

Find the Spanish word!

¿Cómo Te Sientes?

"How Do You Feel?" • sing it, then read what it means

SING

WHAT IT MEANS

¿Cómo te sientes?	How do you feel?
¡Yo me siento feliz!	I feel happy!
¿Cómo te sientes?	How do you feel?
Yo me siento triste.	I feel sad.
Tengo hambre.	I'm hungry.
Tengo sed.	I'm thirsty.
¿Cómo te sientes?	How do you feel?
Dime ya.	Tell me now.
¿Cómo te sientes?	How do you feel?
Say it real clear!	¡Dilo bien claro!
Enojado	Angry
Asustado	Scared
Cansado	Tired
¿Cómo te sientes?	How do you feel?
Let me know!	¡Dímelo!
Tengo frío.	I'm cold.
Tengo calor.	I'm hot.
Me siento mal.	I feel sick.
Me siento mejor.	I feel better.
Estoy bien.	I am okay.
Necesito descansar.	I need to rest.
Tengo sueño.	I'm sleepy.
¿Cómo te sientes? ×2	How do you feel?
Say it real clear!	¡Dilo bien claro!
Enojado	Angry
Asustado	Scared
Cansado	Tired

¿Cómo Te Sientes?

SING

WHAT IT MEANS

¿Cómo te sientes?

How do you feel?

Let me know!

¡Dímelo!

Feliz, triste, enojado

Happy, sad, angry

Asustado, cansado

Scared, tired

Yo siento, tú sientes

I feel, you feel

Dilo conmigo

Say it with me

¿Cómo te sientes?

How do you feel?

Say it real clear!

¡Dilo bien claro!

Enojado

Angry

Asustado

Scared

Cansado

Tired

¿Cómo te sientes?

How do you feel?

Now you know!

¡Ahora ya sabes!

KEY WORDS

Cómo te sientes = How do you feel**Yo me siento feliz** = I feel happy**Tengo hambre** = I feel hungry**Tengo sed** = I feel thirsty**Tengo frío** = I feel cold**Tengo calor** = I feel warm**Estoy bien** = I am okay**Tengo sueño** = I feel sleepy

¿Cómo Te Sientes?

Cut along the dashed lines • match each word to its meaning

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SPANISH

Cómo te sientes

How do you feel

ENGLISH

How do you feel

Find the Spanish word!

SPANISH

Yo me siento feliz

I feel happy

ENGLISH

I feel happy

Find the Spanish word!

SPANISH

Tengo hambre

I feel hungry

ENGLISH

I feel hungry

Find the Spanish word!

SPANISH

Tengo sed

I feel thirsty

ENGLISH

I feel thirsty

Find the Spanish word!

¿Cómo Te Sientes?

Cut along the dashed lines • match each word to its meaning

Language
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SPANISH

Tengo frío

I feel cold

ENGLISH

I feel cold

Find the Spanish word!

SPANISH

Tengo calor

I feel warm

ENGLISH

I feel warm

Find the Spanish word!

SPANISH

Estoy bien

I am okay

ENGLISH

I am okay

Find the Spanish word!

SPANISH

Tengo sueño

I feel sleepy

ENGLISH

I feel sleepy

Find the Spanish word!