

# A Comida

Food • lyric sheets + word cards for 6 songs

Language  
Learning  
with Songs

## WHAT'S INSIDE

- |                                                 |                       |
|-------------------------------------------------|-----------------------|
| <b>1. Eu Adoro Comida</b>   Love Food           | lyrics + 4 word cards |
| <b>2. Uma Maçã Vermelha</b> A Red Apple         | lyrics + 4 word cards |
| <b>3. Água e Leite</b> Water and Milk           | lyrics + 4 word cards |
| <b>4. Tens Fome?</b> Are You Hungry?            | lyrics + 4 word cards |
| <b>5. Fruta e Legumes</b> Fruits and Vegetables | lyrics + 4 word cards |
| <b>6. Trinca e Diz</b> Bite and Say             | lyrics + 5 word cards |

## HOW TO USE THEM

- **Sing first, read second.**  
Play the song, then follow the lyric sheet together. Point to each line as it is sung.
- **Call and response.**  
One person sings a line, everyone answers. Great for circle time and car rides.
- **Word card games.**  
Cut out the cards and play memory: match each word card with its English meaning card.
- **Stick it up.**  
Put a lyric sheet on the fridge or classroom wall and sing it once a day for a week.

## Hear every song in Portuguese

Original bilingual songs for kids 2–8, with lyrics and translation on screen:  
[languagewithsongs.com/learn/portuguese](https://www.languagewithsongs.com/learn/portuguese)

# Eu Adoro Comida

"I Love Food" • sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**What is food? — Comida!**

**Say it again: comida!**

**I love bread — Eu adoro pão!**

**I love fruit — Eu adoro fruta!**

**What do we do? — Comer!**

**To eat, to eat — comer!**

**Tasty soup — Sopa deliciosa!**

**Delicious! — Delicioso!**

**I love food! — Eu adoro comida!**

**Eu adoro! — I love it too!**

**Tasty, tasty! — Delicioso!**

**To eat, to eat! — Comer, comer!**

**I love food! — Eu adoro comida!**

**Say it again, and sing it with me!**

**Diz outra vez e canta comigo!**

**Do you like apples? — Gostas de maçãs?**

**Yes, I do! — Sim, gosto!**

**I love cheese — Eu adoro queijo!**

**I love rice — Eu adoro arroz!**

**This is tasty — Isto é delicioso!**

**Let's eat together — Vamos comer!**

**Food for you — Comida para ti!**

**Food for me — Comida para mim!**

**I love food! — Eu adoro comida!**

**Eu adoro! — I love it too!**

**Tasty, tasty! — Delicioso!**

**To eat, to eat! — Comer, comer!**

**I love food! — Eu adoro comida!**

# Eu Adoro Comida

## SING

Say it again, and sing it with me!

**Comida! — Food!**

**Eu adoro! — I love!**

**Delicioso! — Tasty!**

**Comer! — To eat!**

**Now you say it, nice and clear!**

**Eu adoro comida! — I love food!**

**I love food! — Eu adoro comida!**

**Eu adoro! — I love it too!**

**Tasty, tasty! — Delicioso!**

**To eat, to eat! — Comer, comer!**

**I love food! — Eu adoro comida!**

Say it again, and sing it with me!

## WHAT IT MEANS

Diz outra vez e canta comigo!

Agora diz tu, bem claro!

Diz outra vez e canta comigo!

## KEY WORDS

**comida** = food

**delicioso** = tasty

**eu adoro** = I love

**comer** = to eat

# Eu Adoro Comida

Cut along the dashed lines · match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**comida**

Food

ENGLISH

**food**

Find the Portuguese word!

PORTUGUESE

**eu adoro**

I love

ENGLISH

**I love**

Find the Portuguese word!

PORTUGUESE

**delicioso**

tasty

ENGLISH

**tasty**

Find the Portuguese word!

PORTUGUESE

**comer**

to eat

ENGLISH

**to eat**

Find the Portuguese word!

# Uma Maçã Vermelha

“A Red Apple” · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

Apple!

Maçã!

Maçã!

Apple!

A red apple!

Uma maçã vermelha!

Uma maçã vermelha!

A red apple!

Banana! x2

I like bananas!

Gosto de bananas!

Gosto de bananas!

I like bananas!

Fruit!

Fruta!

Fruta!

Fruit!

Sweet fruit!

Fruta doce!

Fruta doce!

Sweet fruit!

Apple, apple!

Maçã, maçã!

Maçã, maçã!

Apple, apple!

Say it with me!

Diz comigo!

Diz comigo!

Say it with me!

Sweet and red!

Doce e vermelha!

Doce e vermelha!

Sweet and red!

Fruit to share!

Fruta para partilhar!

Fruta para partilhar!

Fruit to share!

Maçã, maçã, fruta doce! x2

Apple, apple, sweet fruit!

What is this?

O que é isto?

É uma maçã!

It's an apple!

It is red!

É vermelha!

É vermelha!

It's red!

One banana!

Uma banana!

Uma banana!

One banana!

Two bananas!

Duas bananas!

# Uma Maçã Vermelha

## SING

## WHAT IT MEANS

**Duas bananas!**

Two bananas!

**The fruit is sweet!**

A fruta é doce!

**A fruta é doce!**

The fruit is sweet!

**I eat an apple!**

Como uma maçã!

**Como uma maçã!**

I eat an apple!

**Apple, apple!**

Maçã, maçã!

**Maçã, maçã!**

Apple, apple!

**Say it with me!**

Diz comigo!

**Diz comigo!**

Say it with me!

**Sweet and red!**

Doce e vermelha!

**Doce e vermelha!**

Sweet and red!

**Fruit to share!**

Fruta para partilhar!

**Fruta para partilhar!**

Fruit to share!

**Maçã, maçã, fruta doce! x2**

Apple, apple, sweet fruit!

**Your turn, say "apple"!**

A tua vez, diz "apple"!

**Maçã!**

Apple!

**Your turn, say "sweet"!**

A tua vez, diz "sweet"!

**Doce!**

Sweet!

**Red apple, sweet fruit!**

Maçã vermelha, fruta doce!

**Maçã vermelha, fruta doce!**

Red apple, sweet fruit!

**Muito bem! Very good!**

**Apple, apple!**

Maçã, maçã!

**Maçã, maçã!**

Apple, apple!

**Say it with me!**

Diz comigo!

**Diz comigo!**

Say it with me!

**Sweet and red!**

Doce e vermelha!

**Doce e vermelha!**

Sweet and red!

**Fruit to share!**

Fruta para partilhar!

# Uma Maçã Vermelha

## SING

Fruta para partilhar!

Maçã, maçã, fruta doce! x2

## WHAT IT MEANS

Fruit to share!

Apple, apple, sweet fruit!

## KEY WORDS

**maçã** = apple

**fruta** = fruit

**banana** = banana

**doce** = sweet

# Uma Maçã Vermelha

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**maçã**

apple

ENGLISH

**apple**

Find the Portuguese word!

PORTUGUESE

**banana**

banana

ENGLISH

**banana**

Find the Portuguese word!

PORTUGUESE

**fruta**

fruit

ENGLISH

**fruit**

Find the Portuguese word!

PORTUGUESE

**doce**

sweet

ENGLISH

**sweet**

Find the Portuguese word!

# Água e Leite

“Water and Milk” · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**Water!**

Água!

**Água!**

Water!

**I want water.**

Quero água.

**Quero água.**

I want water.

**Milk!**

Leite!

**Leite!**

Milk!

**I want milk.**

Quero leite.

**Quero leite.**

I want milk.

**A glass?**

Um copo!

**Um copo!**

A glass?

**A glass of water.**

Um copo de água!

**Um copo de água!**

A glass of water.

**Water, água, sip, sip, sip!**

**Água, water, toma aqui!**

**Milk, leite, drink it slow!**

**Leite, milk, já sei dizer!**

**Água, leite, copo, beber!**

Water, milk, glass, drink!

**Água, leite, let's say it again!**

**Can I drink?**

Posso beber?

**Posso beber?**

Can I drink?

**Water, please!**

Água, se faz favor!

**Água, se faz favor!**

Water, please!

**Where's my glass?**

Onde está o copo?

**Onde está o copo?**

Where's my glass?

**Here it is!**

Aqui está!

**Aqui está!**

Here it is!

**Do you want milk?**

Queres leite?

# Água e Leite

## SING

## WHAT IT MEANS

Queres leite?

Do you want milk?

Yes, please!

Sim, por favor!

Sim, por favor!

Yes, please!

Water, água, sip, sip, sip!

Água, water, toma aqui!

Milk, leite, drink it slow!

Leite, milk, já sei dizer!

Água, leite, copo, beber!

Water, milk, glass, drink!

Água, leite, let's say it again!

To drink!

Beber!

Beber!

To drink!

The glass!

O copo!

O copo!

The glass!

Water in the glass.

Água no copo.

Água no copo.

Water in the glass.

Milk in the glass!

Leite no copo!

Leite no copo!

Milk in the glass!

Water, água, sip, sip, sip!

Água, water, toma aqui!

Milk, leite, drink it slow!

Leite, milk, já sei dizer!

Água, leite, copo, beber!

Water, milk, glass, drink!

Água, leite, let's say it again!

Water and milk!

Água e leite!

Água e leite!

Water and milk!

Muito bem! You did it!

# Água e Leite

**KEY WORDS**

**água** = water

**beber** = to drink

**leite** = milk

**copo** = glass

# Água e Leite

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**água**

water

ENGLISH

**water**

Find the Portuguese word!

PORTUGUESE

**leite**

milk

ENGLISH

**milk**

Find the Portuguese word!

PORTUGUESE

**beber**

to drink

ENGLISH

**to drink**

Find the Portuguese word!

PORTUGUESE

**copo**

glass

ENGLISH

**glass**

Find the Portuguese word!

# Tens Fome?

"Are You Hungry?" · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

**Bread, please! — Pão, por favor!**

**Would you like some bread? — Queres pão?**

**Yes, please! — Sim, por favor!**

**Bread is pão; say it once more!**

**Pão, pão, pão — now we know!**

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

**Bread and cheese? — Pão e queijo!**

**Yes, please! — Sim, por favor!**

**Fome means hunger, pão means bread,**

**Queijo means cheese — sing it again!**

**Tens fome? Sim, tenho fome!**

Are you hungry? Yes, I'm hungry!

**Pão e queijo — que bom!**

Bread and cheese — yummy!

**Do you want cheese? — Queres queijo?**

**Yes, I do! — Sim, quero!**

**A little cheese? — Um bocadinho?**

**Yes, please! — Sim, por favor!**

**I want bread. — Quero pão.**

**I want cheese. — Quero queijo.**

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

**Bread and cheese? — Pão e queijo!**

**Yes, please! — Sim, por favor!**

# Tens Fome?

## SING

## WHAT IT MEANS

**Fome means hunger, pão means bread,**

**Queijo means cheese — sing it again!**

**Tens fome? Sim, tenho fome!**

Are you hungry? Yes, I'm hungry!

**Pão e queijo — que bom!**

Bread and cheese — yummy!

**English calls: bread! — Portuguese: pão!**

**English calls: cheese! — Portuguese: queijo!**

**English calls: yes! — Portuguese: sim!**

**English calls: hungry! — Portuguese: com fome!**

**Switch it round, now answer me:**

Agora ao contrário, responde-me:

**Queres pão? — Yes, please!**

**Queres queijo? — Sim, quero!**

Do you want cheese? — Yes, I do!

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

**Bread and cheese? — Pão e queijo!**

**Yes, please! — Sim, por favor!**

**Fome means hunger, pão means bread,**

**Queijo means cheese — sing it again!**

**Tens fome? Sim, tenho fome!**

Are you hungry? Yes, I'm hungry!

**Pão e queijo — que bom!**

Bread and cheese — yummy!

**Fome, pão, queijo, sim! x2**

Hunger, bread, cheese, yes!

**Are you hungry? — Tens fome?**

**Yes, I'm hungry! — Sim, tenho fome!**

## KEY WORDS

**fome** = hunger

**pão** = bread

**queijo** = cheese

**sim** = yes

# Tens Fome?

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**fome**

hunger

ENGLISH

**hunger**

Find the Portuguese word!

PORTUGUESE

**pão**

bread

ENGLISH

**bread**

Find the Portuguese word!

PORTUGUESE

**queijo**

cheese

ENGLISH

**cheese**

Find the Portuguese word!

PORTUGUESE

**sim**

yes

ENGLISH

**yes**

Find the Portuguese word!

# Fruta e Legumes

"Fruits and Vegetables" • sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**Apple!**

Maçã!

**Maçã!**

Apple!

**I like apples!**

Gosto de maçãs!

**Gosto de maçãs!**

I like apples!

**Banana! x2**

**A pear, please!**

Uma pera, por favor!

**Uma pera, por favor!**

A pear, please!

**Grapes!**

Uvas!

**Uvas!**

Grapes!

**I eat fruit!**

Eu como fruta!

**Eu como fruta!**

I eat fruit!

**Fruit and vegetables!**

Fruta e legumes!

**Fruta e legumes!**

Fruit and vegetables!

**Carrot!**

Cenoura!

**Cenoura!**

Carrot!

**Tomato!**

Tomate!

**Tomate!**

Tomato!

**Healthy!**

Saudável!

**Saudável!**

Healthy!

**Cenoura, tomate, fruta e legumes!**

Carrot, tomato, fruit and vegetables!

**Orange!**

Cor de laranja!

**Laranja!**

Orange!

**A peach!**

Um pêssgo!

**Um pêssgo!**

A peach!

**Potato!**

Batata!

**Batata!**

Potato!

**Lettuce!**

Alface!

# Fruta e Legumes

## SING

## WHAT IT MEANS

Alface!

Lettuce!

I wash the tomato.

Eu lavo o tomate.

Eu lavo o tomate.

I wash the tomato.

We eat carrots!

Nós comemos cenouras!

Nós comemos cenouras!

We eat carrots!

Fruit and vegetables!

Fruta e legumes!

Fruta e legumes!

Fruit and vegetables!

Carrot!

Cenoura!

Cenoura!

Carrot!

Tomato!

Tomate!

Tomate!

Tomato!

Healthy!

Saudável!

Saudável!

Healthy!

Cenoura, tomate, fruta e legumes!

Carrot, tomato, fruit and vegetables!

What is carrot?

O que é cenoura?

Cenoura!

Carrot!

What is tomato?

O que é tomate?

Tomate!

Tomato!

Say it again, nice and slow!

Diz outra vez, bem devagar!

Cenoura!

Carrot!

Tomate!

Tomato!

Fruit and vegetables!

Fruta e legumes!

Fruta e legumes!

Fruit and vegetables!

Carrot!

Cenoura!

Cenoura!

Carrot!

Tomato!

Tomate!

Tomate!

Tomato!

Healthy!

Saudável!

# Fruta e Legumes

## SING

**Saudável!**

**Cenoura, tomate, fruta e legumes!**

**Fruta e legumes, saudável!**

## WHAT IT MEANS

Healthy!

Carrot, tomato, fruit and vegetables!

Fruit and vegetables, healthy!

## KEY WORDS

**legumes** = vegetables

**tomate** = tomato

**cenoura** = carrot

**saudável** = healthy

# Fruta e Legumes

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**legumes**

vegetables

ENGLISH

**vegetables**

Find the Portuguese word!

PORTUGUESE

**cenoura**

carrot

ENGLISH

**carrot**

Find the Portuguese word!

PORTUGUESE

**tomate**

tomato

ENGLISH

**tomato**

Find the Portuguese word!

PORTUGUESE

**saudável**

healthy

ENGLISH

**healthy**

Find the Portuguese word!

# Trinca e Diz

"Bite and Say" · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**Apple!**

Maçã!

**Maçã!**

Apple!

**An apple, please.**

Uma maçã, se faz favor!

**Uma maçã, se faz favor!**

An apple, please.

**Bread!**

Pão!

**Pão!**

Bread!

**I want bread.**

Quero pão!

**Quero pão!**

I want bread.

**Milk!**

Leite!

**Leite!**

Milk!

**A little milk.**

Um bocadinho de leite!

**Um bocadinho de leite!**

A little milk.

**Bite and say!**

Morde e diz!

**Morde e diz!**

Bite and say!

**Apple!**

Maçã!

**Maçã!**

Apple!

**Bread!**

Pão!

**Pão!**

Bread!

**Provar, provar, vamos provar!**

Taste, taste, let's taste!

**Bite and say, vem cá cantar!**

**Water!**

Água!

**Água!**

Water!

**Some water, please.**

Um pouco de água, se faz favor!

**Um pouco de água, se faz favor!**

Some water, please.

**To taste!**

Provar!

**Provar!**

To taste!

**I want to taste.**

Quero provar!

# Trinca e Diz

## SING

## WHAT IT MEANS

**Quero provar!**

I want to taste.

**The apple is good!**

A maçã é boa!

**A maçã é boa!**

The apple is good!

**The bread is good!**

O pão é bom!

**O pão é bom!**

The bread is good!

**Bite and say!**

Morde e diz!

**Morde e diz!**

Bite and say!

**Apple!**

Maçã!

**Maçã!**

Apple!

**Bread!**

Pão!

**Pão!**

Bread!

**Provar, provar, vamos provar!**

Taste, taste, let's taste!

**Bite and say, vem cá cantar!**

**What is milk?**

O que é leite?

**Leite!**

Milk!

**What is water?**

O que é água?

**Água!**

Water!

**Say it slowly, say it once more:**

Diz devagar, diz mais uma vez:

**Maçã, pão, leite, água — provar!**

Apple, bread, milk, water — taste!

**Bite and say!**

Morde e diz!

**Morde e diz!**

Bite and say!

**Apple!**

Maçã!

**Maçã!**

Apple!

**Bread!**

Pão!

**Pão!**

Bread!

**Provar, provar, vamos provar!**

Taste, taste, let's taste!

**Bite and say, vem cá cantar!**

# Trinca e Diz

## KEY WORDS

**maçã** = apple

**leite** = milk

**provar** = to taste

**pão** = bread

**água** = water

# Trinca e Diz

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**maçã**

apple

ENGLISH

**apple**

Find the Portuguese word!

PORTUGUESE

**pão**

bread

ENGLISH

**bread**

Find the Portuguese word!

PORTUGUESE

**leite**

milk

ENGLISH

**milk**

Find the Portuguese word!

PORTUGUESE

**água**

water

ENGLISH

**water**

Find the Portuguese word!

# Trinca e Diz

Cut along the dashed lines • match each word to its meaning

Language  
Learning  
with Songs

PORTUGUESE

**provar**

to taste

ENGLISH

**to taste**

Find the Portuguese word!