

Il Cibo

Food · lyric sheets + word cards for 6 songs

Language
Learning
with Songs

WHAT'S INSIDE

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|--|-----------------------|
| 1. Adoro il Cibo I Love Food | lyrics + 4 word cards |
| 2. Una Mela Rossa A Red Apple | lyrics + 4 word cards |
| 3. Acqua e Latte Water and Milk | lyrics + 4 word cards |
| 4. Hai Fame? Are You Hungry? | lyrics + 4 word cards |
| 5. Frutta e Verdura Fruits and Vegetables | lyrics + 4 word cards |
| 6. Mordi e Di'! Bite and Say | lyrics + 5 word cards |

HOW TO USE THEM

- **Sing first, read second.**
Play the song, then follow the lyric sheet together. Point to each line as it is sung.
- **Call and response.**
One person sings a line, everyone answers. Great for circle time and car rides.
- **Word card games.**
Cut out the cards and play memory: match each word card with its English meaning card.
- **Stick it up.**
Put a lyric sheet on the fridge or classroom wall and sing it once a day for a week.

Hear every song in Italian

Original bilingual songs for kids 2–8, with lyrics and translation on screen:
[languagewithsongs.com/learn/italian](https://www.languagewithsongs.com/learn/italian)

Adoro il Cibo

"I Love Food" · sing it, then read what it means

Language
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SING

WHAT IT MEANS

What is bread? — Il pane!

I love bread! — Adoro il pane!

What is cheese? — Il formaggio!

Cheese is tasty! — Il formaggio è buono!

What is an apple? — Una mela!

I eat an apple. — Mangio una mela.

What is milk? — Il latte!

I drink milk. — Bevo il latte.

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

To eat! — Mangiare!

Let's say it again: I love to eat! — Adoro mangiare!

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

What is pasta? — La pasta!

I like pasta. — Mi piace la pasta.

What is pizza? — La pizza!

Pizza is tasty! — La pizza è buona!

What is rice? — Il riso!

I eat rice. — Mangio il riso.

What is a pear? — Una pera!

Do you like pears? — Ti piacciono le pere?

Yes, I do! — Sì, mi piacciono!

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

To eat! — Mangiare!

Let's say it again: I love to eat! — Adoro mangiare!

Adoro il Cibo

SING**WHAT IT MEANS**

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

Your turn: banana! — Banana!

I like bananas! — Mi piacciono le banane!

Your turn: soup! — La zuppa!

Soup is good! — La zuppa è buona!

English, Italian, say it with me!

Inglese, italiano, dillo con me!

Una mela, an apple — one, two, three!

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

To eat! — Mangiare!

Let's say it again: I love to eat! — Adoro mangiare!

I love food! — Adoro il cibo!

Tasty, tasty! — Buono, buono!

Ciao, ciao! — Bye-bye!

Buon appetito! — Let's eat!

KEY WORDS

cibo = food

buono = tasty

adoro = I love

mangiare = to eat

Adoro il Cibo

Cut along the dashed lines • match each word to its meaning

Language
Learning
with Songs

ITALIAN

cibo

Food

ENGLISH

food

Find the Italian word!

ITALIAN

adoro

I love

ENGLISH

I love

Find the Italian word!

ITALIAN

buono

tasty

ENGLISH

tasty

Find the Italian word!

ITALIAN

mangiare

to eat

ENGLISH

to eat

Find the Italian word!

Una Mela Rossa

"A Red Apple" • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Red apple!

Mela rossa!

Mela rossa!

Red apple!

An apple, please!

Una mela, per favore!

Una mela, per favore!

An apple, please!

Banana! x2

I like bananas!

Mi piacciono le banane!

Mi piacciono le banane!

I like bananas!

Fruit!

Frutta!

Frutta!

Fruit!

Sweet fruit!

Frutta dolce!

Frutta dolce!

Sweet fruit!

Mela, mela, what do you see?

Una mela rossa, qui con me!

A red apple, here with me!

Sweet, sweet apple!

Mela dolce, dolce!

Mela dolce, che bontà!

Sweet apple, so yummy!

Apple, mela!

Say it again: mela!

Banana, banana!

Frutta buona, da mangiar!

Yummy fruit to eat!

I see an apple!

Vedo una mela!

Vedo una mela!

I see an apple!

It is red!

È rossa!

È rossa!

It is red!

I eat fruit!

Mangio frutta!

Mangio frutta!

I eat fruit!

The banana is sweet!

La banana è dolce!

La banana è dolce!

The banana is sweet!

Una Mela Rossa

SING

WHAT IT MEANS

Do you want an apple?

Vuoi una mela?

Vuoi una mela?

Do you want an apple?

Yes, please!

Sì, per favore!

Sì, per favore!

Yes, please!

Mela, mela, what do you see?

Una mela rossa, qui con me!

A red apple, here with me!

Sweet, sweet apple!

Mela dolce, dolce!

Mela dolce, che bontà!

Sweet apple, so yummy!

Apple, mela!

Say it again: mela!

Banana, banana!

Frutta buona, da mangiar!

Yummy fruit to eat!

One red apple!

Una mela rossa!

Una mela rossa!

One red apple!

Two bananas!

Due banane!

Due banane!

Two bananas!

Fruit is good!

La frutta è buona!

La frutta è buona!

Fruit is good!

Sweet and tasty!

Dolce e buona!

Dolce e buona!

Sweet and tasty!

Your turn—mela!

Mela!

Apple!

Mela, mela, what do you see?

Una mela rossa, qui con me!

A red apple, here with me!

Sweet, sweet apple!

Mela dolce, dolce!

Mela dolce, che bontà!

Sweet apple, so yummy!

Apple, mela!

Say it again: mela!

Una Mela Rossa

SING

Banana, banana!

Frutta buona, da mangiar!

Ciao, mela!

Ciao, ciao!

WHAT IT MEANS

Yummy fruit to eat!

Bye, apple!

Hello, hello!

KEY WORDS

mela = apple

frutta = fruit

banana = banana

dolce = sweet

Una Mela Rossa

Cut along the dashed lines • match each word to its meaning

Language
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ITALIAN

mela

apple

ENGLISH

apple

Find the Italian word!

ITALIAN

banana

banana

ENGLISH

banana

Find the Italian word!

ITALIAN

frutta

fruit

ENGLISH

fruit

Find the Italian word!

ITALIAN

dolce

sweet

ENGLISH

sweet

Find the Italian word!

Acqua e Latte

“Water and Milk” • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Water!

Acqua!

Acqua!

Water!

Water, please!

Acqua, per favore!

Acqua, per favore!

Water, please!

Milk!

Latte!

Latte!

Milk!

Milk, please!

Latte, per favore!

Latte, per favore!

Milk, please!

What do you drink?

Che cosa bevi?

Che cosa bevi?

What do you drink?

I drink water.

Bevo acqua!

Bevo acqua!

I drink water.

Acqua, acqua—water, water!

Latte, latte—milk, milk!

Bevi acqua?

Do you drink water?

Sì, bevo acqua!

Yes, I drink water!

Bevi latte?

Do you drink milk?

Sì, bevo latte!

Yes, I drink milk!

Water and milk, acqua e latte!

Say it again, let's sing it together!

Dillo ancora, cantiamo insieme!

Glass!

Bicchiere!

Bicchiere!

Glass!

A glass of water!

Un bicchiere d'acqua!

Un bicchiere d'acqua!

A glass of water!

A glass of milk!

Un bicchiere di latte!

Un bicchiere di latte!

A glass of milk!

I want water.

Voglio dell'acqua.

Acqua e Latte

SING

WHAT IT MEANS

Voglio dell'acqua.

I want water.

I want milk.

Voglio del latte.

Voglio del latte.

I want milk.

Drink, bere! Water, acqua! Milk, latte!

Acqua, acqua—water, water!

Latte, latte—milk, milk!

Bevi acqua?

Do you drink water?

Sì, bevo acqua!

Yes, I drink water!

Bevi latte?

Do you drink milk?

Sì, bevo latte!

Yes, I drink milk!

Water and milk, acqua e latte!

Say it again, let's sing it together!

Dillo ancora, cantiamo insieme!

One glass?

Un bicchiere!

Un bicchiere!

One glass?

Water to drink?

Acqua da bere!

Acqua da bere!

Water to drink?

Milk to drink?

Latte da bere!

Latte da bere!

Milk to drink?

Acqua, latte, bere—cheer!

Acqua, acqua—water, water!

Latte, latte—milk, milk!

Bevi acqua?

Do you drink water?

Sì, bevo acqua!

Yes, I drink water!

Bevi latte?

Do you drink milk?

Sì, bevo latte!

Yes, I drink milk!

Water and milk, acqua e latte!

Say it again, let's sing it together!

Dillo ancora, cantiamo insieme!

Acqua! Latte! Bere! Bicchiere!

Water! Milk! Drink! Glass!

Acqua e Latte

KEY WORDS

acqua = water

bere = to drink

latte = milk

bicchiere = glass

Acqua e Latte

Cut along the dashed lines • match each word to its meaning

Language
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ITALIAN

acqua

water

ENGLISH

water

Find the Italian word!

ITALIAN

latte

milk

ENGLISH

milk

Find the Italian word!

ITALIAN

bere

to drink

ENGLISH

to drink

Find the Italian word!

ITALIAN

bicchiere

glass

ENGLISH

glass

Find the Italian word!

Hai Fame?

"Are You Hungry?" • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Are you hungry? — Hai fame?

Yes, I'm hungry! — Sì, ho fame!

Bread, please? — Pane, per favore!

Would you like some bread? — Vuoi del pane?

Pane, pane, pass it here!

Bread, pane — loud and clear!

Cheese, please? — Formaggio, per favore!

Would you like some cheese? — Vuoi del formaggio?

Formaggio, formaggio, say it with me!

Cheese is formaggio — uno, due, tre!

Are you hungry? — Hai fame?

Yes, yes, sì, sì!

Bread is pane! — Pane, pane!

Cheese is formaggio! — Formaggio, sì!

Hai fame? — Are you hungry?

Sì, ho fame! — Yes, I am!

Pane, formaggio, say it again!

Pane, formaggio — yum, yum, yum!

Bread, cheese — yum, yum, yum!

Do you want bread? — Vuoi del pane?

Yes, please! — Sì, per favore!

Do you want cheese? — Vuoi del formaggio?

Yes, please! — Sì, per favore!

I'm hungry now. — Ho fame adesso.

Are you hungry too? — Hai fame anche tu?

Yes, I am! — Sì, ho fame!

Pane and formaggio — name the game!

Are you hungry? — Hai fame?

Hai Fame?

SING

WHAT IT MEANS

Yes, yes, sì, sì!

Bread is pane! — Pane, pane!

Cheese is formaggio! — Formaggio, sì!

Hai fame? — Are you hungry?

Sì, ho fame! — Yes, I am!

Pane, formaggio, say it again!

Pane, formaggio — yum, yum, yum!

Bread, cheese — yum, yum, yum!

English asks: "Are you hungry?"

L'inglese chiede: "Hai fame?"

Italian answers: "Hai fame?"

English says: "Yes, I'm hungry!"

L'inglese dice: "Sì, ho fame!"

Italian sings: "Sì, ho fame!"

Bread—pane! Cheese—formaggio!

Say them slowly, then sing them pronto!

Are you hungry? — Hai fame?

Yes, yes, sì, sì!

Bread is pane! — Pane, pane!

Cheese is formaggio! — Formaggio, sì!

Hai fame? — Are you hungry?

Sì, ho fame! — Yes, I am!

Pane, formaggio, say it again!

Pane, formaggio — yum, yum, yum!

Bread, cheese — yum, yum, yum!

Pane, pane! Formaggio!

Bread, bread! Cheese!

Sì, ho fame — and now we know!

KEY WORDS

fame = hunger

pane = bread

formaggio = cheese

sì = yes

Hai Fame?

Cut along the dashed lines • match each word to its meaning

Language
Learning
with Songs

ITALIAN

fame

hunger

ENGLISH

hunger

Find the Italian word!

ITALIAN

pane

bread

ENGLISH

bread

Find the Italian word!

ITALIAN

formaggio

cheese

ENGLISH

cheese

Find the Italian word!

ITALIAN

sì

yes

ENGLISH

yes

Find the Italian word!

Frutta e Verdura

"Fruits and Vegetables" • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Apple!

Mela!

Mela!

Apple!

I eat an apple.

Mangio una mela.

Mangio una mela.

I eat an apple.

Pear!

Pera!

Pera!

Pear!

I like the pear.

Mi piace la pera.

Mi piace la pera.

I like the pear.

Vegetables!

Verdura!

Verdura!

Vegetables!

We eat vegetables.

Mangiamo la verdura.

Mangiamo la verdura.

We eat vegetables.

Carrot!

Carota!

Carota!

Carrot!

Tomato!

Pomodoro!

Pomodoro!

Tomato!

Healthy!

Sano!

Sano!

Healthy!

Frutta e verdura, buone per te!

Fruit and vegetables, good for me!

Fruit and vegetables, good for me!

Frutta e verdura, buone per te!

Carota, carota!

Carrot, carrot!

Pomodoro!

Tomato!

Sano, sano — mangiamo così!

Healthy, healthy — that's how we eat!

Banana! x2

The banana is yellow.

La banana è gialla.

La banana è gialla.

The banana is yellow.

I wash the grapes.

Lavo l'uva.

Frutta e Verdura

SING

WHAT IT MEANS

Lavo l'uva.

I wash the grapes.

A green salad!

Un'insalata verde!

Un'insalata verde!

A green salad!

Do you want a carrot?

Vuoi una carota?

Vuoi una carota?

Do you want a carrot?

Yes, please!

Sì, grazie!

Sì, grazie!

Yes, please!

Carrot!

Carota!

Carota!

Carrot!

Tomato!

Pomodoro!

Pomodoro!

Tomato!

Healthy!

Sano!

Sano!

Healthy!

Frutta e verdura, buone per te!

Fruit and vegetables, good for me!

Fruit and vegetables, good for me!

Frutta e verdura, buone per te!

Carota, carota!

Carrot, carrot!

Pomodoro!

Tomato!

Sano, sano — mangiamo così!

Healthy, healthy — that's how we eat!

What do you eat?

Che cosa mangi?

Che cosa mangi?

What do you eat?

I eat a tomato.

Mangio un pomodoro.

Mangio un pomodoro.

I eat a tomato.

Is it healthy?

È sano?

È sano?

Is it healthy?

Sì, sì, che bontà!

Yes, yes, so yummy!

Carrot!

Carota!

Carota!

Carrot!

Tomato!

Pomodoro!

Frutta e Verdura

SING

WHAT IT MEANS

Pomodoro!

Tomato!

Healthy!

Sano!

Sano!

Healthy!

Frutta e verdura, buone per te!

Fruit and vegetables, good for me!

Fruit and vegetables, good for me!

Frutta e verdura, buone per te!

Carota, carota!

Carrot, carrot!

Pomodoro!

Tomato!

Sano, sano — mangiamo così!

Healthy, healthy — that's how we eat!

KEY WORDS

verdura = vegetables

carota = carrot

pomodoro = tomato

sano = healthy

Frutta e Verdura

Cut along the dashed lines • match each word to its meaning

Language
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ITALIAN

verdura

vegetables

ENGLISH

vegetables

Find the Italian word!

ITALIAN

carota

carrot

ENGLISH

carrot

Find the Italian word!

ITALIAN

pomodoro

tomato

ENGLISH

tomato

Find the Italian word!

ITALIAN

sano

healthy

ENGLISH

healthy

Find the Italian word!

Mordi e Di'!

"Bite and Say" • sing it, then read what it means

Language
Learning
with Songs

SING

WHAT IT MEANS

Apple!

Mela!

Mela!

Apple!

I bite an apple.

Mordo una mela!

Mordo una mela!

I bite an apple.

Bread!

Pane!

Pane!

Bread!

A little bread, please.

Un po' di pane, per favore!

Un po' di pane, per favore!

A little bread, please.

Milk!

Latte!

Latte!

Milk!

I drink the milk.

Bevo il latte!

Bevo il latte!

I drink the milk.

Bite and say!

Mordi e di'!

Mordi e di'!

Bite and say!

Apple, apple!

Mela, mela!

Mela, mela!

Apple, apple!

Bread, bread!

Pane, pane!

Pane, pane!

Bread, bread!

Bite and say, hip hip hooray!

Mordi e di', hip hip urrà!

Mordi e di', impari così!

Bite and say, that's how you learn!

Water!

Acqua!

Acqua!

Water!

I drink water.

Bevo l'acqua!

Bevo l'acqua!

I drink water.

To taste!

Assaggiare!

Assaggiare!

To taste!

I want to taste.

Voglio assaggiare!

Mordi e Di'!

SING

WHAT IT MEANS

Voglio assaggiare!

I want to taste.

Is it good?

È buono?

È buono?

Is it good?

Yes, it's good!

Sì, è buono!

Sì, è buono!

Yes, it's good!

Bite and say!

Mordi e di'!

Mordi e di'!

Bite and say!

Apple, apple!

Mela, mela!

Mela, mela!

Apple, apple!

Bread, bread!

Pane, pane!

Pane, pane!

Bread, bread!

Bite and say, hip hip hooray!

Mordi e di', hip hip urrà!

Mordi e di', impari così!

Bite and say, that's how you learn!

What do you say for water?

Come si dice "water"?

Acqua, acqua!

Water, water!

And what do you say for milk?

E come si dice "milk"?

Latte, latte!

Milk, milk!

One little bite, one word to try,

Un piccolo morso, una parola da provare,

Assaggia e di', let's say it right!

Bite and say!

Mordi e di'!

Mordi e di'!

Bite and say!

Apple, apple!

Mela, mela!

Mela, mela!

Apple, apple!

Bread, bread!

Pane, pane!

Pane, pane!

Bread, bread!

Bite and say, hip hip hooray!

Mordi e di', hip hip urrà!

Mordi e di', impari così!

Bite and say, that's how you learn!

Mela, pane, latte, acqua!

Apple, bread, milk, water!

Mordi e Di'!

SING

WHAT IT MEANS

Bite and say — ciao, alla prossima!

KEY WORDS

mela = apple

latte = milk

assaggiare = to taste

pane = bread

acqua = water

Mordi e Di'!

Cut along the dashed lines • match each word to its meaning

Language
Learning
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ITALIAN

mela

apple

ENGLISH

apple

Find the Italian word!

ITALIAN

pane

bread

ENGLISH

bread

Find the Italian word!

ITALIAN

latte

milk

ENGLISH

milk

Find the Italian word!

ITALIAN

acqua

water

ENGLISH

water

Find the Italian word!

Mordi e Di'!

Cut along the dashed lines • match each word to its meaning

Language
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ITALIAN

assaggiare

to taste

ENGLISH

to taste

Find the Italian word!