

# Muoviamoci!

Actions & Movement · lyric sheets + word cards for 5 songs

Language  
Learning  
with Songs

## WHAT'S INSIDE

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| 1. <b>Salta e Corri</b>    | Jump and Run    | lyrics + 4 word cards |
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| 3. <b>Cantiamo Insieme</b> | Let's Sing      | lyrics + 4 word cards |
| 4. <b>Veloce e Lento</b>   | Fast and Slow   | lyrics + 4 word cards |
| 5. <b>Batti le Mani</b>    | Clap Your Hands | lyrics + 4 word cards |

## HOW TO USE THEM

- **Sing first, read second.**  
Play the song, then follow the lyric sheet together. Point to each line as it is sung.
- **Call and response.**  
One person sings a line, everyone answers. Great for circle time and car rides.
- **Word card games.**  
Cut out the cards and play memory: match each word card with its English meaning card.
- **Stick it up.**  
Put a lyric sheet on the fridge or classroom wall and sing it once a day for a week.

## Hear every song in Italian

Original bilingual songs for kids 2–8, with lyrics and translation on screen:  
[languagewithsongs.com/learn/italian](https://www.languagewithsongs.com/learn/italian)

# Salta e Corri

“Jump and Run” • sing it, then read what it means

Language  
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## SING

## WHAT IT MEANS

**Ready, set—what do we do?**

Pronti, attenti—cosa facciamo?

**Salta! Jump up, one, two!**

**To jump?**

Saltare!

**Saltare!**

To jump?

**Jump with me!**

Salta con me!

**Salta, salta—one, two, three!**

**Run to the gate!**

Corri al cancello!

**Corri, corri—don't be late!**

**To run?**

Correre!

**Correre!**

To run?

**Run with me!**

Corri con me!

**Corri, corri—one, two, three!**

**Jump, jump!**

Salta, salta!

**Saltare!**

To jump?

**Run, run!**

Corri, corri!

**Correre!**

To run?

**Fast!**

Veloce!

**Veloce!**

Fast!

**Stop!**

Fermati!

**Fermati!**

Stop!

**Salta, corri, poi fermati!**

Jump and run, then stop with me!

**Jump and run, then stop with me!**

Salta, corri, poi fermati!

**Run fast to the big blue ball!**

Corri veloce verso la grande palla blu!

**Corri veloce—catch it, don't fall!**

**Slow down now!**

Ora rallenta!

**Piano, piano!**

Slowly, slowly!

**Stop right here!**

Fermati proprio qui!

# Salta e Corri

## SING

## WHAT IT MEANS

Fermati, caro!

Stop, dear!

To stop?

Fermarsi!

Fermarsi!

To stop?

Wait for me!

Aspettami!

Aspetta qui!

Wait here!

Jump up high!

Salta su!

Salta su!

Jump up high!

Run back home!

Torna a casa di corsa!

Corri tu!

You run!

Jump, jump!

Salta, salta!

Saltare!

To jump?

Run, run!

Corri, corri!

Correre!

To run?

Fast!

Veloce!

Veloce!

Fast!

Stop!

Fermati!

Fermati!

Stop!

Salta, corri, poi fermati!

Jump and run, then stop with me!

Jump and run, then stop with me!

Salta, corri, poi fermati!

One little jump!

Un saltino!

Un saltino!

One little jump!

One quick run!

Una corsetta!

Una corsa!

A run!

Now we stop!

Ora ci fermiamo!

Ci fermiamo!

We stop!

Bravi, bravi—tutti insieme!

Well done, well done—all together!

Jump, jump!

Salta, salta!

Saltare!

To jump?

# Salta e Corri

**SING****WHAT IT MEANS****Run, run!**

Corri, corri!

**Correre!**

To run?

**Fast!**

Veloce!

**Veloce!**

Fast!

**Stop!**

Fermati!

**Fermati!**

Stop!

**Salta, corri, poi fermati!**

Jump and run, then stop with me!

**Jump and run, then stop with me!**

Salta, corri, poi fermati!

**Saltare! Correre! Veloce! Fermarsi!**

Jump! Run! Fast! Stop!

**KEY WORDS****saltare** = to jump**correre** = to run**fermarsi** = to stop**veloce** = fast

# Salta e Corri

Cut along the dashed lines • match each word to its meaning

Language  
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ITALIAN

**saltare**

to jump

ENGLISH

**to jump**

Find the Italian word!

ITALIAN

**correre**

to run

ENGLISH

**to run**

Find the Italian word!

ITALIAN

**fermarsi**

to stop

ENGLISH

**to stop**

Find the Italian word!

ITALIAN

**veloce**

fast

ENGLISH

**fast**

Find the Italian word!

# Balla con Me

"Dance With Me" · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

|                            |                          |
|----------------------------|--------------------------|
| Dance with me!             | Balla con me!            |
| Balla con me!              | Dance with me!           |
| What is "to dance"?        | Come si dice "to dance"? |
| Ballare!                   | To dance!                |
| Music, please!             | Musica, per favore!      |
| Musica, sì!                | Music, yes!              |
| What do we hear?           | Cosa sentiamo?           |
| La musica è qui!           | The music is here!       |
| Move your feet!            | Muovi i piedi!           |
| Muovi i piedi!             | Move your feet!          |
| Come this way!             | Vieni di qua!            |
| Vieni, dai!                | Come on, come!           |
| Dance with me!             | Balla con me!            |
| Balla con me!              | Dance with me!           |
| To dance is...             | Ballare è...             |
| Ballare!                   | To dance!                |
| Music!                     | Musica!                  |
| Musica!                    | Music!                   |
| Move with me!              | Muoviti con me!          |
| Muoviti con me!            | Move with me!            |
| Ballare, ballare, con me!  | Dance, dance, with me!   |
| Musica, musica, vieni qui! | Music, music, come here! |
| Your turn, Dad!            | Tocca a te, papà!        |
| Tocca a me!                | My turn!                 |
| Move with me!              | Muoviti con me!          |
| Muoviti con me!            | Move with me!            |
| Clap your hands!           | Batti le mani!           |

# Balla con Me

## SING

## WHAT IT MEANS

Batti le mani!

Clap your hands!

Turn around!

Gira, gira!

Gira, gira!

Turn around!

Are you ready?

Sei pronto?

Sono pronta!

I'm ready!

Shall we dance?

Balliamo?

Sì, balliamo!

Yes, let's dance!

Dance with me!

Balla con me!

Balla con me!

Dance with me!

To dance is...

Ballare è...

Ballare!

To dance!

Music!

Musica!

Musica!

Music!

Move with me!

Muoviti con me!

Muoviti con me!

Move with me!

Ballare, ballare, con me!

Dance, dance, with me!

Musica, musica, vieni qui!

Music, music, come here!

Slowly now... piano, piano.

Then go fast... presto, presto!

Stop and smile!

Fermi e sorridi!

Fermi, sorridi!

Freeze, smile!

One more time? Ancora!

Dance with me!

Balla con me!

Balla con me!

Dance with me!

To dance is...

Ballare è...

Ballare!

To dance!

Music!

Musica!

Musica!

Music!

# Balla con Me

**SING****Move with me!****Muoviti con me!****Ballare, ballare, con me!****Musica, musica, vieni qui!****Ballare, ballare, con me!****Ciao, ciao—balla con me!****WHAT IT MEANS**

Muoviti con me!

Move with me!

Dance, dance, with me!

Music, music, come here!

Dance, dance, with me!

Bye, bye—dance with me!

**KEY WORDS****ballare** = to dance**muoversi** = to move**musica** = music**con me** = with me

# Balla con Me

Cut along the dashed lines • match each word to its meaning

Language  
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ITALIAN

**ballare**

to dance

ENGLISH

**to dance**

Find the Italian word!

ITALIAN

**musica**

music

ENGLISH

**music**

Find the Italian word!

ITALIAN

**muoversi**

to move

ENGLISH

**to move**

Find the Italian word!

ITALIAN

**con me**

with me

ENGLISH

**with me**

Find the Italian word!

# Cantiamo Insieme

"Let's Sing" · sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

One, two, three, let's sing!

Uno, due, tre, cantiamo!

Uno, due, tre, cantiamo!

One, two, three, let's sing!

Let's sing! - Cantare!

Sing a song! - Cantare una canzone!

Together! - Insieme!

With a happy voice! - Con una bella voce!

Let's sing! - Cantare!

Sing a song! - Cantare una canzone!

Sing together! - Cantare insieme!

La la la la, insieme!

La la la la, together!

I love to sing! - Mi piace cantare!

I hear your voice! - Sento la tua voce!

A new song! - Una nuova canzone!

Sing with me! - Canta con me!

We sing together! - Cantiamo insieme!

Raise your voice! - Alza la voce!

Let's sing! - Cantare!

Sing a song! - Cantare una canzone!

Together! - Insieme!

With a happy voice! - Con una bella voce!

Let's sing! - Cantare!

Sing a song! - Cantare una canzone!

Sing together! - Cantare insieme!

La la la la, insieme!

La la la la, together!

Call and answer, here we go!

Domanda e risposta, si parte!

Canta forte, canta piano!

Sing loud, sing soft!

Every word and every line,

Ogni parola e ogni verso,

# Cantiamo Insieme

## SING

## WHAT IT MEANS

**Insieme, together, it's singing time!**

**What a nice song! - Che bella canzone!**

**A loud voice! - Una voce forte!**

**Sing all together! - Cantate tutti insieme!**

**We love the song! - Amiamo la canzone!**

**Your turn to sing! - Tocca a te cantare!**

**All together now! - Tutti insieme adesso!**

**Let's sing! - Cantare!**

**Sing a song! - Cantare una canzone!**

**Together! - Insieme!**

**With a happy voice! - Con una bella voce!**

**Let's sing! - Cantare!**

**Sing a song! - Cantare una canzone!**

**Sing together! - Cantare insieme!**

**La la la la, insieme!**

**La la la la, together!**

**Sing together! - Cantare insieme!**

**One last song! - Un'ultima canzone!**

**Insieme! - Together!**

**Bye bye! - Ciao ciao!**

## KEY WORDS

**cantare** = to sing

**voce** = voice

**canzone** = song

**insieme** = together

# Cantiamo Insieme

Cut along the dashed lines • match each word to its meaning

Language  
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with Songs

ITALIAN

**cantare**

to sing

ENGLISH

**to sing**

Find the Italian word!

ITALIAN

**canzone**

song

ENGLISH

**song**

Find the Italian word!

ITALIAN

**voce**

voice

ENGLISH

**voice**

Find the Italian word!

ITALIAN

**insieme**

together

ENGLISH

**together**

Find the Italian word!

# Veloce e Lento

"Fast and Slow" • sing it, then read what it means

**SING****WHAT IT MEANS****Fast!**

Veloce!

**Veloce!**

Fast!

**The little red bus is fast.**

Il piccolo autobus rosso è veloce.

**Il piccolo autobus rosso è veloce.**

The little red bus is fast.

**Slow!**

Lento!

**Lento!**

Slow!

**This turtle is slow.**

Questa tartaruga è lenta.

**Questa tartaruga è lenta.**

This turtle is slow.

**To walk!**

Camminare!

**Camminare!**

To walk!

**We walk to school together.**

Camminiamo insieme a scuola.

**Camminiamo insieme a scuola.**

We walk to school together.

**Again!**

Ancora!

**Ancora!**

Again!

**Say it once again!**

Dillo ancora!

**Dillo ancora!**

Say it once again!

**Fast, fast!**

Veloce, veloce!

**Veloce, veloce!**

Fast, fast!

**Slow, slow!**

Lento, lento!

**Lento, lento!**

Slow, slow!

**Walk with me!**

Cammina con me!

**Cammina con me!**

Walk with me!

**Again, again!**

Ancora, ancora!

**Ancora, ancora!**

Again, again!

**Fast or slow, we learn and go!**

Veloce o lento, impariamo!

**Veloce o lento, impariamo!**

Fast or slow, we learn and go!

**Can you run fast?**

Puoi correre veloce?

# Veloce e Lento

## SING

## WHAT IT MEANS

**Puoi correre veloce?**

Can you run fast?

**I can walk slowly.**

Posso camminare piano.

**Posso camminare piano.**

I can walk slowly.

**Let's go fast!**

Andiamo veloci!

**Andiamo veloci!**

Let's go fast!

**Now walk slowly.**

Ora camminiamo piano.

**Ora camminiamo piano.**

Now walk slowly.

**Your turn—say "fast"!**

Tocca a te—di' "veloce"!

**Veloce!**

Fast!

**Your turn—say "slow"!**

Tocca a te—di' "lento"!

**Lento!**

Slow!

**One more time!**

Ancora una volta!

**Ancora!**

Again!

**Fast, fast!**

Veloce, veloce!

**Veloce, veloce!**

Fast, fast!

**Slow, slow!**

Lento, lento!

**Lento, lento!**

Slow, slow!

**Walk with me!**

Cammina con me!

**Cammina con me!**

Walk with me!

**Again, again!**

Ancora, ancora!

**Ancora, ancora!**

Again, again!

**Fast or slow, we learn and go!**

Veloce o lento, impariamo!

**Veloce o lento, impariamo!**

Fast or slow, we learn and go!

**The clock goes fast.**

L'orologio va veloce.

**L'orologio va veloce.**

The clock goes fast.

**We walk slow, step by step.**

Camminiamo piano, passo dopo passo.

**Camminiamo piano, passo dopo passo.**

We walk slow, step by step.

**You say it!**

Dillo tu!

# Veloce e Lento

**SING****WHAT IT MEANS****Dillo tu!**

You say it!

**Fast—veloce! Slow—lento!****Walk—camminare! Again—ancora!****Fast, fast!**

Veloce, veloce!

**Veloce, veloce!**

Fast, fast!

**Slow, slow!**

Lento, lento!

**Lento, lento!**

Slow, slow!

**Walk with me!**

Cammina con me!

**Cammina con me!**

Walk with me!

**Again, again!**

Ancora, ancora!

**Ancora, ancora!**

Again, again!

**Fast or slow, we learn and go!**

Veloce o lento, impariamo!

**Veloce o lento, impariamo!**

Fast or slow, we learn and go!

**KEY WORDS****veloce** = fast**lento** = slow**camminare** = to walk**ancora** = again

# Veloce e Lento

Cut along the dashed lines • match each word to its meaning

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ITALIAN

**veloce**

fast

ENGLISH

**fast**

Find the Italian word!

ITALIAN

**lento**

slow

ENGLISH

**slow**

Find the Italian word!

ITALIAN

**camminare**

to walk

ENGLISH

**to walk**

Find the Italian word!

ITALIAN

**ancora**

again

ENGLISH

**again**

Find the Italian word!

# Batti le Mani

“Clap Your Hands” • sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**Clap your hands!**

Batti le mani!

**Batti le mani!**

Clap your hands!

**Hands up high!**

Mani in alto!

**Mani su, così!**

Hands up, like this!

**Now bring them down.**

Ora abbassale.

**Ora giù, pian piano.**

Now down, nice and slow.

**Can you clap with me?**

Batti le mani con me?

**Sì, batto le mani!**

Yes, I clap my hands!

**One, two, three!**

Uno, due, tre!

**Uno, due, tre!**

One, two, three!

**Up and down!**

Su e giù!

**Su e giù!**

Up and down!

**Clap your hands!**

Batti le mani!

**Batti le mani!**

Clap your hands!

**Hands, hands!**

Mani, mani!

**Mani, mani!**

Hands, hands!

**Up, up!**

Su, su!

**Su, su!**

Up, up!

**Down, down!**

Giù, giù!

**Giù, giù!**

Down, down!

**Batti le mani, su e giù!**

Clap your hands, up and down!

**Say “hello!”**

Di’ “ciao!”

**Ciao, ciao!**

Hello, hello!

**“Come and play!”**

Vieni a giocare!

**Vieni a giocare!**

Come and play!

**“Clap with me!”**

“Batti le mani con me!”

**Batti le mani con me!**

Clap your hands with me!

# Batti le Mani

## SING

## WHAT IT MEANS

**"Are you ready?"**

Sei pronto?

**Sei pronto? Sì!**

Are you ready? Yes!

**"A little faster!"**

"Un po' più veloce!"

**Un po' più veloce!**

A little faster!

**"Now very slowly!"**

"Ora molto piano!"

**Ora piano, piano!**

Now slowly, slowly!

**Mani su, mani giù!**

Hands up, hands down!

**Clap your hands!**

Batti le mani!

**Batti le mani!**

Clap your hands!

**Hands, hands!**

Mani, mani!

**Mani, mani!**

Hands, hands!

**Up, up!**

Su, su!

**Su, su!**

Up, up!

**Down, down!**

Giù, giù!

**Giù, giù!**

Down, down!

**Batti le mani, su e giù!**

Clap your hands, up and down!

**What means "hands"?**

Come si dice "hands"?

**Mani!**

Hands!

**What means "up"?**

Come si dice "up"?

**Su!**

Up!

**What means "down"?**

Come si dice "down"?

**Giù!**

Down!

**And "to clap"?**

E come si dice "to clap"?

**Battere le mani!**

To clap!

**Clap your hands!**

Batti le mani!

**Batti le mani!**

Clap your hands!

**Hands, hands!**

Mani, mani!

**Mani, mani!**

Hands, hands!

# Batti le Mani

**SING****Up, up!****Su, su!****Down, down!****Giù, giù!****Batti le mani, su e giù!****Mani su! Mani giù!****Batti le mani—bravo, tu!****WHAT IT MEANS**

Su, su!

Up, up!

Giù, giù!

Down, down!

Clap your hands, up and down!

Hands up! Hands down!

Clap your hands—well done, you!

**KEY WORDS****battere le mani** = to clap**su** = up**mani** = hands**giù** = down

# Batti le Mani

Cut along the dashed lines • match each word to its meaning

Language  
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ITALIAN

**battere le mani**

to clap

ENGLISH

**to clap**

Find the Italian word!

ITALIAN

**mani**

hands

ENGLISH

**hands**

Find the Italian word!

ITALIAN

**su**

up

ENGLISH

**up**

Find the Italian word!

ITALIAN

**giù**

down

ENGLISH

**down**

Find the Italian word!