

# Mon Corps

My Body • lyric sheets + word cards for 5 songs

Language  
Learning  
with Songs

## WHAT'S INSIDE

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|----------------------------------|---------------------|-----------------------|
| 1. <b>Tête, épaules</b>          | Head, Shoulders     | lyrics + 4 word cards |
| 2. <b>Mon visage</b>             | My Face             | lyrics + 4 word cards |
| 3. <b>Deux mains, deux pieds</b> | Two Hands, Two Feet | lyrics + 4 word cards |
| 4. <b>Je bouge mon corps</b>     | I Move My Body      | lyrics + 4 word cards |
| 5. <b>De la Tête aux Pieds</b>   | Head to Toes        | lyrics + 4 word cards |

## HOW TO USE THEM

- **Sing first, read second.**  
Play the song, then follow the lyric sheet together. Point to each line as it is sung.
- **Call and response.**  
One person sings a line, everyone answers. Great for circle time and car rides.
- **Word card games.**  
Cut out the cards and play memory: match each word card with its English meaning card.
- **Stick it up.**  
Put a lyric sheet on the fridge or classroom wall and sing it once a day for a week.

## Hear every song in French

Original bilingual songs for kids 2–8, with lyrics and translation on screen:  
[languagewithsongs.com/learn/french](https://www.languagewithsongs.com/learn/french)

# Tête, épaules

"Head, Shoulders" • sing it, then read what it means

Language  
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## SING

## WHAT IT MEANS

**Ready, petit copain?**

**Oui! On y va!**

Yes! Let's go!

**Head!**

La tête!

**La tête!**

Head!

**Touch your head!**

Touche ta tête!

**Touche ta tête!**

Touch your head!

**Shoulders!**

Les épaules!

**Les épaules!**

Shoulders!

**Touch your shoulders!**

Touche tes épaules!

**Touche tes épaules!**

Touch your shoulders!

**Knees!**

Les genoux!

**Les genoux!**

Knees!

**Bend your knees!**

Plie les genoux!

**Plie les genoux!**

Bend your knees!

**Feet!**

Les pieds!

**Les pieds!**

Feet!

**Stamp your feet!**

Tape des pieds!

**Tape des pieds!**

Stamp your feet!

**Où est ta tête?**

Where is your head?

**Here is my head! Voilà ma tête!**

**Where are your shoulders?**

Où sont tes épaules ?

**Mes épaules sont ici!**

My shoulders are here!

**Où sont tes genoux?**

Where are your knees?

**Here are my knees! Voilà mes genoux!**

**Where are your feet?**

Où sont tes pieds ?

**Mes pieds sont ici!**

My feet are here!

**Head!**

La tête!

# Tête, épaules

## SING

## WHAT IT MEANS

La tête!

Head!

Shoulders!

Les épaules!

Les épaules!

Shoulders!

Knees!

Les genoux!

Les genoux!

Knees!

Feet!

Les pieds!

Les pieds!

Feet!

My head is up.

Ma tête est en haut!

Ma tête est en haut!

My head is up.

My shoulders are here.

Mes épaules sont là!

Mes épaules sont là!

My shoulders are here.

Touch your knees!

Touche tes genoux!

Touche tes genoux!

Touch your knees!

Tap your feet!

Tape des pieds!

Tape des pieds!

Tap your feet!

Tête!

Head!

Head!

Tête!

Épaules!

Shoulders!

Shoulders!

Épaules!

Genoux!

Knees!

Knees!

Genoux!

Pieds!

Feet!

Feet!

Pieds!

On recommence! One more time!

Head!

La tête! La tête!

La tête! La tête!

Head!

Shoulders!

Les épaules! Les épaules!

Les épaules! Les épaules!

Shoulders!

# Tête, épaules

**SING****Knees!****Les genoux! Les genoux!****Feet!****Les pieds! Les pieds!****Head, shoulders, knees, and feet!****Tête, épaules, genoux, pieds!****Très bien!****Encore! Encore!****WHAT IT MEANS**

Les genoux! Les genoux!

Knees!

Les pieds! Les pieds!

Feet!

Tête, épaules, genoux, pieds!

Head, shoulders, knees, and feet!

Very well!

**KEY WORDS****tête** = head**genoux** = knees**épaules** = shoulders**pieds** = feet

# Tête, épaules

Cut along the dashed lines • match each word to its meaning

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FRENCH

**tête**

head

ENGLISH

**head**

Find the French word!

FRENCH

**épaules**

shoulders

ENGLISH

**shoulders**

Find the French word!

FRENCH

**genoux**

knees

ENGLISH

**knees**

Find the French word!

FRENCH

**pies**

feet

ENGLISH

**feet**

Find the French word!

# Mon visage

"My Face" • sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

Hello, bonjour!

Ready? Let's play!

On joue ensemble!

My face!

Mon visage!

Touch your face!

Touche ton visage!

Le visage!

The face!

Mon visage, my face!

Eyes!

Les yeux!

Open your eyes!

Ouvre les yeux!

Les yeux!

Your eyes!

Les yeux, eyes!

Visage, face—touch your face!

Yeux, eyes—look this way!

Say it in English, say it in French,

Let's learn together, play again!

Visage, face! Les yeux, eyes!

Mon visage, les yeux—oh, what a surprise!

Le nez!

The nose!

Touche ton nez!

Touch your nose!

Prêt ? On joue !

We play together.

Mon visage!

My face!

Touche ton visage!

Touch your face!

The face!

Le visage!

Les yeux!

Eyes!

Ouvre les yeux!

Open your eyes!

Your eyes!

Les yeux!

Dis-le en anglais, dis-le en français,

Apprenons ensemble, jouons encore !

The nose!

Le nez!

Touch your nose!

Touche ton nez!

# Mon visage

## SING

## WHAT IT MEANS

Mouth!

La bouche!

La bouche!

Mouth!

Open your mouth!

Ouvre la bouche!

Ouvre la bouche!

Open your mouth!

Le visage!

Your face!

Your face!

Le visage!

Les yeux!

Your eyes!

Your eyes!

Les yeux!

Show me your nose!

Montre-moi ton nez!

Montre-moi ton nez!

Show me your nose!

Montre-moi ta bouche!

Show me your mouth!

Show me your mouth!

Montre-moi ta bouche!

Visage, face—touch your face!

Yeux, eyes—look this way!

Nez, nose—point to your nose!

Bouche, mouth—open and close!

Say it in English, say it in French,

Dis-le en anglais, dis-le en français,

Let's learn together, play again!

Apprenons ensemble, jouons encore !

Visage, face! Les yeux, eyes!

Le nez, la bouche—say it twice!

What's "eyes" in French?

Comment dit-on « eyes » en français ?

Les yeux!

Eyes!

What's "nose" in English?

Comment dit-on « nez » en anglais ?

Nose!

Le nez!

What's "mouth" in French?

Comment dit-on « mouth » en français ?

La bouche!

Mouth!

What's "face" in English?

Comment dit-on « visage » en anglais ?

Face!

Visage !

# Mon visage

**SING****WHAT IT MEANS**

Face, visage! Eyes, les yeux!

Nose, le nez! Mouth, la bouche!

Visage, face—touch your face!

Yeux, eyes—look this way!

Nez, nose—point to your nose!

Bouche, mouth—open and close!

Say it in English, say it in French,

Dis-le en anglais, dis-le en français,

We know the words—let's sing again!

On connaît les mots — chantons encore !

Mon visage, les yeux, le nez, la bouche!

My face, my eyes, my nose, my mouth!

My face, my eyes, my nose, my mouth!

Mon visage, les yeux, le nez, la bouche!

My face!

Mon visage!

Mon visage!

My face!

Au revoir! See you soon!

**KEY WORDS**

**visage** = face

**yeux** = eyes

**nez** = nose

**bouche** = mouth

# Mon visage

Cut along the dashed lines • match each word to its meaning

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FRENCH

**visage**

face

ENGLISH

**face**

Find the French word!

FRENCH

**yeux**

eyes

ENGLISH

**eyes**

Find the French word!

FRENCH

**nez**

nose

ENGLISH

**nose**

Find the French word!

FRENCH

**bouche**

mouth

ENGLISH

**mouth**

Find the French word!

# Deux mains, deux pieds

"Two Hands, Two Feet" • sing it, then read what it means

## SING

## WHAT IT MEANS

Hello, bonjour!

Are you ready? Oui, oui!

Hands! — Les mains!

Two hands! — Deux mains!

Clap your hands! — Tape dans tes mains!

My hands are here! — Mes mains sont ici!

Two hands, deux mains,

Clap, clap, clap again!

Tape, tape, tape encore !

Two feet, deux pieds,

Tap, tap, hooray!

Tape, tape, hurra !

Mains, mains, show them high!

Pieds, pieds, touch the sky!

Two hands, deux mains,

Two feet, deux pieds!

Fingers! — Les doigts!

Wiggle fingers! — Bouge les doigts!

Arms! — Les bras!

Raise your arms! — Lève les bras!

My arms go up! — Mes bras montent!

My fingers wiggle! — Mes doigts bougent!

Two hands, deux mains,

Clap, clap, clap again!

Tape, tape, tape encore !

Two feet, deux pieds,

Tap, tap, hooray!

Tape, tape, hurra !

Mains, mains, show them high!

Pieds, pieds, touch the sky!

Two hands, deux mains,

# Deux mains, deux pieds

## SING

## WHAT IT MEANS

**Two feet, deux pieds!**

**Where are your hands? — Voici mes mains!**

**Where are your feet? — Voici mes pieds!**

**Show me your fingers! — Voilà les doigts!**

**Lift up your arms! — Voilà les bras!**

**One, two! — Un, deux!**

**Ready, set! — Prêts? Partez!**

**Two hands, deux mains,**

**Clap, clap, clap again!**

Tape, tape, tape encore !

**Two feet, deux pieds,**

**Tap, tap, hooray!**

Tape, tape, hurra !

**Fingers, doigts, wiggle, wiggle!**

**Arms, bras, up high, up high!**

**Two hands, deux mains,**

**Two feet, deux pieds!**

**Mains! — Hands!**

**Pieds! — Feet!**

**Doigts! — Fingers!**

**Bras! — Arms!**

**Merci, thank you!**

**À bientôt, see you soon!**

## KEY WORDS

**mains** = hands

**pieds** = feet

**doigts** = fingers

**bras** = arms

# Deux mains, deux pieds

Cut along the dashed lines • match each word to its meaning

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FRENCH

**mains**

hands

ENGLISH

**hands**

Find the French word!

FRENCH

**pieds**

feet

ENGLISH

**feet**

Find the French word!

FRENCH

**doigts**

fingers

ENGLISH

**fingers**

Find the French word!

FRENCH

**bras**

arms

ENGLISH

**arms**

Find the French word!

# Je bouge mon corps

"I Move My Body" • sing it, then read what it means

Language  
Learning  
with Songs

## SING

## WHAT IT MEANS

**I move my body!**

Je bouge mon corps !

**Je bouge mon corps !**

I move my body!

**I move my body!**

Je bouge mon corps !

**Je bouge mon corps !**

I move my body!

**Moving, moving, what a happy song!**

On bouge, on bouge, quelle chanson joyeuse !

**Bouger, bouger, come and dance along!**

**To move!**

Bouger !

**Bouger !**

To move!

**I move!**

Je bouge !

**Je bouge !**

I move!

**I move my arm!**

Je bouge mon bras !

**Je bouge mon bras !**

I move my arm!

**I move my leg!**

Je bouge ma jambe !

**Je bouge ma jambe !**

I move my leg!

**Very good! Very good! Let's do it again!**

Très bien ! Très bien ! On recommence !

**C'est parti ! Let's go!**

**I move my body!**

Je bouge mon corps !

**Je bouge mon corps !**

I move my body!

**I move my body!**

Je bouge mon corps !

**Je bouge mon corps !**

I move my body!

**Moving, moving, what a happy song!**

On bouge, on bouge, quelle chanson joyeuse !

**Bouger, bouger, come and dance along!**

**To jump!**

Sauter !

**Sauter !**

To jump!

**I jump!**

Je saute !

**Je saute !**

I jump!

**To spin!**

Tourner !

# Je bouge mon corps

## SING

## WHAT IT MEANS

Tourner !

To spin!

I spin!

Je tourne !

Je tourne !

I spin!

Jump and spin!

Saute et tourne !

Saute et tourne !

Jump and spin!

Spin and jump!

Tourne et saute !

Tourne et saute !

Spin and jump!

Now it's my turn to call!

Maintenant, c'est à moi d'appeler !

My head!

Ma tête !

Ma tête !

My head!

My hand!

Ma main !

Ma main !

My hand!

My foot!

Mon pied !

Mon pied !

My foot!

We know them all, yes we do!

On les connaît tous, oui, c'est vrai !

On y va, just me and you!

I move my body!

Je bouge mon corps !

Je bouge mon corps !

I move my body!

I move my body!

Je bouge mon corps !

Je bouge mon corps !

I move my body!

Moving, moving, what a happy song!

On bouge, on bouge, quelle chanson joyeuse !

Bouger, bouger, come and dance along!

To move my body!

Bouger mon corps !

Bouger mon corps !

To move my body!

To jump!

Sauter !

Sauter !

To jump!

To spin!

Tourner !

Tourner !

To spin!

# Je bouge mon corps

## SING

## WHAT IT MEANS

Yeah, we did it! C'est fini!

### KEY WORDS

**corps** = body

**sauter** = to jump

**bouger** = to move

**tourner** = to spin

# Je bouge mon corps

Cut along the dashed lines • match each word to its meaning

Language  
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FRENCH

**corps**

body

ENGLISH

**body**

Find the French word!

FRENCH

**bouger**

to move

ENGLISH

**to move**

Find the French word!

FRENCH

**sauter**

to jump

ENGLISH

**to jump**

Find the French word!

FRENCH

**tourner**

to spin

ENGLISH

**to spin**

Find the French word!

# De la Tête aux Pieds

"Head to Toes" • sing it, then read what it means

## SING

## WHAT IT MEANS

**Ready, petit?**

**Oui, papa!**

**Eyes, eyes—what do you see?**

**Les yeux, les yeux—regarde ici!**

**My eyes are open, I can see.**

**J'ouvre les yeux, regarde-moi!**

**Nose, nose—where is your nose?**

**Le nez, le nez—juste ici!**

**Touch your nose, then touch mine.**

**Touche ton nez, puis le mien!**

**Eyes!**

**Les yeux!**

**Nose!**

**Le nez!**

**Mouth!**

**La bouche!**

**Feet!**

**Les pieds!**

**Head to toes, we learn and play,**

**De la tête aux pieds, on dit ça!**

**Eyes, les yeux! Nose, le nez!**

**Mouth, la bouche! Feet, les pieds!**

**Mouth, mouth—what can it do?**

**La bouche, la bouche—elle sourit!**

**I smile with my mouth, big and wide!**

**Je souris avec la bouche!**

**Feet, feet—can you stamp?**

Yes, Daddy!

Les yeux, les yeux — qu'est-ce que tu vois ?

Eyes, eyes—look over here!

Mes yeux sont ouverts, je peux voir.

I open my eyes, look at me!

Le nez, le nez — où est ton nez ?

Nose, nose—right here!

Touche ton nez, puis le mien!

Touch your nose, then touch mine.

Les yeux!

Eyes!

Le nez!

Nose!

La bouche!

Mouth!

Les pieds!

Feet!

De la tête aux pieds, on apprend et on joue,

From head to toes, that's what we say!

La bouche, la bouche — que sait-elle faire ?

Mouth, mouth—it smiles!

Je souris avec la bouche!

I smile with my mouth, big and wide!

Les pieds, les pieds — tu sais taper ?

# De la Tête aux Pieds

## SING

## WHAT IT MEANS

**Les pieds, les pieds—tap, tap, tap!**

Feet, feet—tap, tap, tap!

**My feet go left, my feet go right.**

Mes pieds à gauche, mes pieds à droite!

**Mes pieds à gauche, mes pieds à droite!**

My feet go left, my feet go right.

**Where are your eyes?**

Où sont tes yeux ?

**Mes yeux sont là!**

My eyes are here!

**Where is your nose?**

Où est ton nez ?

**Mon nez est là!**

My nose is here!

**Open your mouth!**

Ouvre la bouche!

**Ouvre la bouche!**

Open your mouth!

**Stamp your feet!**

Tape des pieds!

**Tape des pieds!**

Stamp your feet!

**Eyes!**

Les yeux!

**Les yeux!**

Eyes!

**Nose!**

Le nez!

**Le nez!**

Nose!

**Mouth!**

La bouche!

**La bouche!**

Mouth!

**Feet!**

Les pieds!

**Les pieds!**

Feet!

**Head to toes, we learn and play,**

De la tête aux pieds, on apprend et on joue,

**De la tête aux pieds, on dit ça!**

From head to toes, that's what we say!

**Eyes, les yeux! Nose, le nez!**

**Mouth, la bouche! Feet, les pieds!**

**Les yeux, les yeux—blink, blink, blink!**

Eyes, eyes—blink, blink, blink!

**The nose, le nez—sniff, sniff, sniff!**

**La bouche, la bouche—smile with me!**

**My feet, les pieds—one, two, three!**

**Eyes!**

Les yeux!

# De la Tête aux Pieds

## SING

## WHAT IT MEANS

Les yeux!

Eyes!

Nose!

Le nez!

Le nez!

Nose!

Mouth!

La bouche!

La bouche!

Mouth!

Feet!

Les pieds!

Les pieds!

Feet!

De la tête jusqu'aux pieds,

From head all the way to toes,

Head to toes, we know the way!

De la tête aux pieds, on connaît le chemin !

Les yeux, le nez, la bouche, les pieds—

Eyes, nose, mouth, feet—

Bravo, petit! Encore, s'il te plaît!

Bravo, little one! Again, please!

Head to toes!

De la tête aux pieds!

De la tête aux pieds!

Head to toes!

À bientôt! Bye-bye!

## KEY WORDS

**yeux** = eyes**nez** = nose**bouche** = mouth**pieds** = feet

# De la Tête aux Pieds

Cut along the dashed lines • match each word to its meaning

Language  
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FRENCH

**yeux**

eyes

ENGLISH

**eyes**

Find the French word!

FRENCH

**nez**

nose

ENGLISH

**nose**

Find the French word!

FRENCH

**bouche**

mouth

ENGLISH

**mouth**

Find the French word!

FRENCH

**pieds**

feet

ENGLISH

**feet**

Find the French word!